



Mums4Mums Charitable Trust

Mums supporting new mums in the community
Aroha in Action.

Title: Mums4Mums Volunteer

Location: Families Homes

Terms: A minimum of two hours per week/fortnight for 12+ weeks per volunteer assignment.

Mums4Mums vision and mission:

Mums4Mums vision is that every baby born (single, twin or triplet) or with unique health needs and their mum in New Zealand are nurtured and supported within their first 3-6 months for the best chance of survival and quality of life.

Mums4Mums Volunteers believe it is the right for every baby born and their mums to receive the best care possible. We achieve this by supporting mums in their home to care for their babies, support the mums and connect them with other supporting entities to ensure the best outcomes possible for families.

Purpose of the role:

To provide emotional, social and day to day practical support and information to families with a baby for them to feel less isolated and make the best possible decisions for their baby.

Responsibilities:

- Actively listen to mum and families with empathy.
- Collate information about local support services available if needed.
- Signpost families to Mums4Mums information and services, and to other specialist services
- Establish positive relationships with mum, staff and volunteers at Mums4Mums
- Provide weekly updates to Mums4Mums on your assigned mum and babies and their progress, challenges and needs.
- To maintain confidentiality
- To ensure proper hand hygiene is used when working with babies.
- To ensure you are in good health before engaging with mum and babies.

Skills, experience, and personal qualities:

Essential:

- You must be aged 18-years old and over to be a Mums4Mums Volunteer.
- A desire to provide support to mums and babies going through a difficult and challenging time.
- Patience, empathy, and a willingness to listen.
- Ability to work on own initiative and as part of a team.
- Willingness to support people with a diverse range of needs from a range of backgrounds
- Ability to listen and respond without judgement.
- Effective communication skills
- Good time-management skills
- Experience of using text messages, email and internet (including social media) with access to all of these.

Desirable:

- Previous experience of supporting others through challenging times at work or in a volunteering capacity

Values:

All Mums4Mums volunteers are asked to carry out their roles in alignment with our values. These are:

Trusted

We are entrusted to go into private homes of mums and babies. All Volunteers agree to be vetted and to renew their vetting every 2-years. We believe that trust is earned, and our actions must always be based on what is best for babies.

Supportive

We believe that developing supportive relationships is at the heart of what we do, and only by supporting others are we able to achieve our goals.

Ambitious

We always go the extra mile to deliver excellence and seek improvement in all we do.

Aroha

We lead with aroha in all that we do. We leave our judgements and biases on the shelf and we serve mum and babies with tender loving care and respect.

What we are able to offer you:

- The satisfaction that you are making a difference in your community.
- The opportunity to engage in a range of social and fundraising events.
- Ongoing support from the Mums4Mums Volunteering Team
- A reference after 12-months of volunteering
- Access to the Mums4Mums Volunteer Facebook page to stay connected with other volunteers and access info on volunteer opportunities.
- Quarterly in person social / meetings to stay connected with Mums4Mums community and Volunteering Team.

Role requirements:

- Register with BeCollective for your Region within New Zealand (<https://nz.becollective.com/register>)
- Once registered with BeCollective you can join the Mums4Mums Facebook Page for your Region
- Successful completion of the Police Vetting process
- Download the App Signal on your mobile phone – we will set up chat groups for the various families on this App.
- Previous childcare experience
- Have access to social media and messaging.
- Be in good health and physically able to care for babies.
- Have a vehicle to travel to and from home to volunteer location safely.
- Have good communication style.
- Be of good character and maintain confidentiality of families.